How to work in groups and prepare a contract

This resource is all about understanding and working more efficiently in groups, or sometimes called ‘teams’. The learning outcomes of this resource:

1. Understand group work theory and roles and working with others.
2. Know your own team role strengths and how to apply that within the team.
3. Completed a group ground rules contract ready for the first meeting.

# 1. Introduction to group work and team roles

Find out what to expect, the basic concepts and discover your team roles!

**Step 1**: Watch: [Video 1: introduction to group work](https://youtu.be/9OpFV5qSSTE)

**Step 2**: Please use the following group roles template when considering your answers to the quiz (**Document No.2**):

**Step 3**: [Start the team roles quiz - external website (University of Kent)](https://www.kent.ac.uk/ces/sk/teamwork.html) Opens in web browser

When on the browser page, go to the yellow box section at the top of the page.  **Select the first question button (this will make it visible)**. Read and answer each question in turn (note the questions buttons) and select your answer on the scale provided. Complete all questions!

1. Ensure that you make a note of your results
2. Adding them to the group roles template (Word document) provided above

# 2. Getting the best out of group work

It is all about how to work well in groups; preparing for meetings; and the challenges and benefits of group work.

* Think about what you have learnt so far and compare this with your own thoughts about group work.
* You may find it useful to make some general notes to help with your group discussions later!

**Watch -** [Video 2: Getting the best out of group work](https://youtu.be/hr2C3DUEk3k)

# 3. Ground rules and the contract

**Your final tasks.**  The video describes what ground rules are and offers suggestions on how to compile the ground rules contract yourself.  A ground rules template has been provided for you, beneath the video.

**Watch -** [Video 3: Ground rules and the contract](https://youtu.be/kvEixQn_Rww)

Please use the ground rules contract provided (**Document No. 3**):

# Accompanying resources

* [Further information and guides for your Learning Development](https://www.plymouth.ac.uk/learn) This is all about what we do and can offer you throughout your studies.